

PORTRAIT D'ARTISTES

MARS 2026 - Portrait n° 4

Lida Doumouliaka

Chorégraphe, danseuse et musicienne
Zürich / Grèce

InciDanse 2024, 7ème édition
Pièce "Chase the Rabbit"

Lida Doumouliaka est lauréate de la carte blanche d'InciDanse 2024. Elle a obtenu une coproduction avec Equilibre-Nuithonie pour présenter une nouvelle pièce.



Portrait en 3 questions

Aussi loin que tu t'en rappelles, quel est ton premier souvenir lié à la danse?

It is not the oldest, but is certainly the most intense. Dance has always been a part of my life (I remember my first ballet lesson as a kid, the dance contests with my friends, me dancing alone in my living room etc.). However, this particular memory felt like a sparkle in my life. It was during my teenage years, that my gymnastics teacher asked me to choreograph a small choreography for a local students' Art Festival. I had to prepare everything, find the music and the dancers and rehearse for our performance. It was one of the most exciting experiences of my life, which led me to become a professional dancer and choreographer.

En quelques mots, qu'est-ce que tu gardes de ta participation à InciDanse ?

InciDanse was a remarkable experience. I remember the very well-organized team of the festival consisted of warm people. Throughout the whole procedure they were always eager to help and provide the best they could for us. A highlight moment was the round table with all the artists involved. We came closer with the rest of the participants, we learned more about each other's ideas, and it was relieving to realize that all of us face the same challenges in our choreographic pathways. Finally, I remember all these good pieces on stage, which verify how prestigious an institution InciDanse is. It was an honor to win the Carte-Blanche among such talented artists.

Si tu peux y répondre de la manière la plus spontanée, à quoi aspires-tu artistiquement ?

Personally, I deeply crave to keep on creating. I feel like I have so many things I want to approach choreographically and musically and these numerous possibilities of creativity give me wings. Choreography as an artistic form examines Art in its depths but is also a public speech that should vibrate the souls of those who perform it and those who receive it. When choreographing, I aim for both directions, draining the ideas that inhabit within me.

Rencontrer, suivre ou retrouver Lida Doumouliaka

- Times and Signatures - A Matter of Feminity
 - 23 mars 2026, soirée partagée avec Edouard Hue à Nuithonie
- Le samedi 18 avril lors de l'atelier chorégraphique d'InciDanse, autour de sa dernière pièce

> Site internet

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